

Understanding the World.

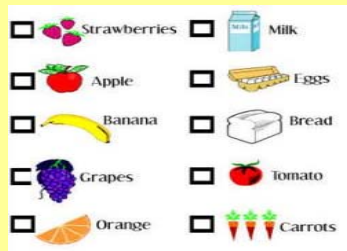
Set up a healthy eating shop

Can you add lots of real healthy fruits and vegetables in your shop?
Who will be the shop keeper? Who will be the customer? How much will each item cost?



Literacy

Can you create a shopping list?
What healthy foods will you need from the shop?



Can you find some books about healthy eating? Name the fruits and vegetables as you look through the story.

Our home learning topic this week is all about:

Healthy Eating

Here are some suggested activities for you to carry out at home. Feel free to add or make changes to suit your child's needs. We would love to find out how you get on, please email photos to A2116@taw.org.uk or via your purple mash email account.



Expressive Arts and Design



Fruit basket Crafts

Use paper plates to create the bowl and attach string.
Draw around some fruits and colour in and decorate.

Printing With Fruit and Vegetables

Cut some fruit and vegetables up can you print using them in the paint?

What shape have you made?
How do each of them look different?



Sing and let's get moving

<https://www.bbc.co.uk/teach/school-radio/eyfs-wiggle-waggle-index/zdw9382>

Mathematics

Let's count and sort

Can you sort the fruit and vegetables into groups. How many bananas have you got? How many carrots?



Recognising shapes in fruit

What shape can you see?

How many sides has a triangle got?

How do you know that is a square?

Discuss edges, lines and count along.



Let's exercise and drink plenty of water

Can you put your hand on your heart?

Is it slow or fast?

Lets do some exercises to see if we can get our heart rate up?

What exercise's do you know?

Can you run, jump and hop?

What else can you think of?



Healthy art snack

Can you create a face or a caterpillar with your healthy foods? Use fruit and vegetables and raisins for eyes.

