

# Home Learning Daily Routine Suggestions

Time	Morning Activities
7am	Wake up
8am	Breakfast
8.30am	Reading and Nursery Rhymes
8.45am	<b>Playtime</b> <i>e.g. Lego, crafts, small world. Have a look at some of the learning at home activities that we have suggested on our website.</i>
9.30am	<b>Music and Dancing</b> <i>Please like the 'Music Minors' page on Facebook and request to join the VIP group for online music and movement sessions.</i>
10am	<b>Outdoor Play</b> <i>(if possible)</i>
10.45am	Snack Time
11am	<b>Quiet Time/Naptime</b> <i>e.g. Puzzles, Jigsaws, board games, drawing, mark making, colouring, tracings.</i>
12pm	Lunchtime



# Home Learning Daily Routine Suggestions

Time	Afternoon and Evening Activities
12.30pm	<b>Online Learning Activities</b> <i>Try accessing some of the online learning games and activities suggested on our website.</i>
1pm	<b>Afternoon Fresh Air</b> <i>(if possible)</i>
2pm	<b>Playtime</b> <i>e.g. Lego, crafts, small world. Have a look at some of the learning at home activities that we have suggested on our website.</i>
3pm	<b>Snack Time</b>
3.15pm	<b>Healthy Movers</b> <i>Have a look at the Healthy Mover activities on our website.</i>
4.30pm	<b>Free TV Time</b>
5pm	<b>Dinner Time</b>
6pm	<b>Bedtime Routine</b> <i>Have a look at the 'Bath ,Book, Bed' leaflet on our website.</i>
7pm/ 7.30pm	<b>Bedtime</b>

